

ADULT ORTHODONTICS

IS IT SAFE? WILL IT WORK? IS IT RIGHT FOR ME?

An attractive smile can make a fabulous first impression and give your confidence a real boost.

We want to help you achieve this with our adult-friendly orthodontic options. They're often quicker and more discreet than traditional 'train-track' braces but of course, the traditional braces are always an option for you if aesthetics isn't your main concern.

WHAT IS ORTHODONTICS?

Orthodontics is a branch of dentistry that corrects teeth and jaws that are positioned improperly, with the use of fixed braces, clear aligners and invisible braces. Your treatment will be with a specialist orthodontist. The benefits of orthodontic treatment include a healthier mouth, great aesthetics and a smile that is more likely to last a lifetime.

CAN ADULTS HAVE BRACES?

If you are unhappy with your crooked smile but think you're a little too old to wear braces - don't despair! It's never too late to benefit from orthodontic treatment; adult brace treatment has become increasingly popular due to the advent of invisible braces.



TRADITIONAL STYLE DAMON BRACES™

Damon braces are more like the traditional fixed brace as you know them, as the brackets fix to the outside of your teeth. However, it works by using a 'slide mechanism' to hold the wire. There are no conventional elastic ties so the teeth can move more freely. The force applied to the tooth in order to move it, remains continuous, therefore, adjustment appointments can be less frequent.

The brackets are smaller and a lower profile than traditional braces and because there are no elastic ties, which can attract or collect plaque, cleaning during treatment is much easier. Plus, Damon Braces are available in Clear, for patients who want a more discreet brace treatment.

ARE THEY RIGHT FOR YOU?

For the most part yes! Traditional fixed braces are used to correct the majority of orthodontic issues. There can be some instances with very deep bites where tooth coloured ceramic brackets cannot be used on your lower teeth.

FITTING
30min Records
1 Hour Bond-Up

ADJUSTMENTS
4-6 Weeks

FEES
from £3795
for 2 arches



"IT'S MY AMBITION TO INVEST IN NEW AND PIONEERING TECHNOLOGY TO SUPPORT FASTER, MORE COMFORTABLE AND MORE ADVANCED, TAILORED TREATMENT FOR ALL OF MY ORTHODONTIC PATIENTS."

– DR. ANTHONY LAM

HOW LONG IS ORTHODONTIC TREATMENT?

Typically active orthodontic treatment time is 12-18 months; depending on the severity of your case and your expectation of the finished result.

We offer some of the best orthodontics in London with our access and commitment to world-leading innovative orthodontic technologies and treatment upgrades that can up to halve your predicted treatment time.

SURESMILE®

This innovative fast brace technology works with fixed brace options and makes your treatment more precise, tailored and efficient than ever before.

Pairing advanced 3D digital imaging and virtual simulations with intricate, robotic custom bends, the advanced brace wires are customised to each individual.

The simulations make it possible to plan tooth movements to achieve clinical goals with greater precision; it allows us to reduce your treatment time by up to 40% (6-9 months) when coupled with any fixed brace.

Fewer wire changes are needed. Fewer appointments during the course of your treatment. The end results are excellent, with a more comfortable brace in a much shorter amount of time.



EACH FEATURE IS DESIGNED TO REVEAL THE SMILE THAT
YOU DESERVE. IT'S WHY MILLIONS OF PEOPLE HAVE
NOW TRANSFORMED THEIR LIVES WITH OUR
REMOVABLE, NEAR-INVISIBLE ALIGNERS...

INVISALIGN®

Invisalign Braces are a virtually invisible aligner system to improve your smile; it's a series of clear plastic removable aligners, no wires, no brackets and they're extremely hard to notice. Because they are removable they give you the freedom to live your lifestyle.

A huge advantage to Invisalign braces is that you can take the aligners out for eating, drinking (everything other than water), brushing your teeth and important occasions. This means you can still enjoy tea, coffee and red wine! Without fear of staining your brace or changing your oral hygiene regime.

With Invisalign's 3D Treatment Plan ClinCheck you can see your digitally predicted result before you start treatment.

ARE THEY RIGHT FOR YOU?

Yes, if you are committed to wearing the aligners for 22 hours per day! The SmartTrack Aligners are custom made and precision cut to the gum line so they are incredibly low profile and comfortable to wear - you just have to remember to wear them!

Take them out to eat and for important business meetings and special events but ensure to put them back in as soon as they're over.



PLATINUM ELITE PROVIDER

Our principle orthodontist Dr. Anthony Lam is proud to be a Platinum Elite Invisalign provider and was invited to treat the winner of the UK wide competition 'Invisalign Changed my Life'.

FITTING

30min Records
30min ClinCheck
45min Aligner Fit

ADJUSTMENTS

4-6 Weeks

FEEES

from £3850
for 2 arches



LINGUAL BRACES

Lingual braces are a relatively new, modern and invisible alternative to conventional braces. The brackets fit to the back, the lingual side, of teeth making them truly invisible! Speech can be a little affected while your soft tissues adapt but, we use very low profile brackets to minimise discomfort. Typically your tongue adapts within 3 days and 99% of our lingual patients would agree that really is the worth it for the ultimate option in discreet orthodontics.

ARE THEY RIGHT FOR YOU?

Lingual braces are right for you if you want fast and invisible orthodontics!

There are some considerations; the teeth have to be long enough to provide sufficient room to glue the braces on the inside of the teeth; therefore, lingual braces may not work if you have especially small teeth. You also may not be able to wear lingual braces if you have excessive bite problems.

Additionally, you have to be even more diligent about cleaning your teeth, because the placement of lingual braces makes it harder to check whether you have brushed away all the food particles when brushing.

FITTING
30min Records
1 Hour Bond-Up

ADJUSTMENTS
4-6 Weeks

FEES
from £6000
for 2 arches



"THANK YOU SO MUCH FOR THE
ORTHODONTIC TREATMENT... THE
RESULT IS TRULY UNBELIEVABLE"

ORTHODONTIC CONSULTATION

Fee £60 inc. OPG Radiograph

A specialist orthodontic assessment will take a comprehensive look at a number of things.

- Tooth alignment
 - Crowding
 - Spacing
- Skeletal pattern
- Main concerns
- Expected results
- Commitment to treatment

You will also require a OPG Radiograph to check the health of your teeth and roots of all of your teeth and ensure you are able to embark on a course of orthodontics.

If you have had one of these specialist Radiographs within a year of your consultation, please bring it with you to avoid retaking it.

TREATMENT PLAN

There is no obligation to commit to treatment at the consultation. Treatment recommendations will be made and a letter detailing the findings and recommendations will be sent to you.

COMPLIMENTARY 2nd CONSULTATION


We understand that there can be a lot of information to take on board and that you may wish to discuss and share our findings and recommendations with your loved ones. Therefore, you can request a complimentary consultation with your orthodontist and talk them over to aid your decision making.

GOING AHEAD

Each brace treatment requires a different series of appointments before the braces are fitted. But all start with a Records appointment - clinical photographs and impressions of where your teeth are now.

ORTHODONTIC THERAPIST

Our Orthodontic Therapist works very closely and under the prescription of our Specialist Orthodontists. She is integral to providing clinical excellence and to the efficiency of your orthodontic treatment. You're likely to see her at some stage during your orthodontic journey.



FINANCE SHOULDN'T STAND IN THE WAY OF A STAND OUT SMILE.

SO, WE OFFER A NUMBER OF WAYS TO MAKE ORTHODONTICS AFFORDABLE.

All our fees are all inclusive with no hidden extras!

The fee you see is what you'll pay to get you to the smile you love and includes a set of removable retainers and 1 year of aftercare to protect your investment.

PAYMENT UPFRONT

Payment in advance 5% discount is applied when payment made in full. Full payment must be made before the treatment commences ('bond up' or 'Invisalign Records')

IN HOUSE FINANCE

£1000 (minimum deposit) followed by 10 equal monthly 0.0% APR standing order payments. The deposit must be made before the treatment commences ('bond up' or 'Invisalign Records')

EXTERNAL FINANCE

Shawbrook Online Application, My Patient Finance. Various deposit options and 0.0% APR Interest-free up to 36 months.

You must:

- Be over 21 years of age and employed or on a retired income.
- Have been a UK resident for a minimum of 3 years.
- Have a Credit / Debit card registered to the address of the application.
- Be on the Electoral Roll at the address of the application.
- Must have a fair to good credit rating with no default payments or CCJ's (County Court Judgments) in the last 5 years.

All applications are subject to a credit search.